Dear Parents/Caregivers

Health Expo
Last week’s Health Expo again went off with a bang. Students from year’s 3 – 6 under the leadership of our Wish Group students participated in a range of health related activities designed around building resilience. Students designed artwork, made healthy lunches and their own lunch boxes, learnt about mindfulness and cyber bullying, danced and spent time on the Gymbus. Look to page 2 and 3 for student recounts and photos. Thanks to Mrs Black, Mrs Price, Wish Group students and all helpers for making this day a resounding success again.

Book Week
August 24-28 is book week. This year’s theme is ‘Books Light up our World’. Mrs Whisson is busily getting the library ready for our book fair and students will be participating in a dress up on Wednesday 26 Aug, with junior students also going on an excursion to the local library. Book week is a great reminder of the importance of reading every night. The table below highlights the importance of reading every night for 20 min. Happy reading!

Faction Carnival & P & C Raffle
Our Faction Athletics carnival is fast approaching. Students have been busily practising and we have already completed some pre carnival running events. This year our hard working P&C with the support of local businesses have organised some great prizes that will be raffled on the day. Tickets have already gone home or can be purchased on the day. The P&C will also be holding a food stall and selling items throughout the day. Looking forward to a great day and hope to see as many families as possible cheering on their faction on Fri day 28 August.

1st Prize: Full HD LED LCD TV with DVD Player (54.5cm)
2nd Prize: Sports Pack
3rd Prize: Fathers Day Gift Pack

Parking
Recently there has been some issues in regards to parking in front of the school. We would like to remind parents that they may only park in designated parking bays. Stopping on Laythorne Street behind parked cars to let students out or parking on verges is dangerous and putting our students at risk. If there is no parking on Laythorne Street, parents are requested to use Weewak Court car park bays.

Anthony Middleton
Principal

Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>August 14</td>
<td>Senior Jumps/Throws/Long Distance</td>
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<tr>
<td>August 17-19</td>
<td>Wish Camp</td>
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<tr>
<td>August 20</td>
<td>SciTech Visit</td>
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<tr>
<td>August 24-28</td>
<td>Book Week</td>
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<tr>
<td>August 26</td>
<td>Assembly Room 14 hosting</td>
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<tr>
<td>August 26</td>
<td>Book Week Parade</td>
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<tr>
<td>August 28</td>
<td>Faction Athletics Carnival</td>
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<tr>
<td>August 31</td>
<td>Mirrabooka Library Visit PP, R12, R17</td>
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Why Read 20 Minutes at Home?

<table>
<thead>
<tr>
<th>Student A Reads</th>
<th>Student B Reads</th>
<th>Student C Reads</th>
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<tbody>
<tr>
<td>20 minutes per day.</td>
<td>5 minutes per day.</td>
<td>1 minute per day.</td>
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<tr>
<td>3,600 minutes per school year.</td>
<td>900 minutes per school year.</td>
<td>180 minutes per school year.</td>
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<tr>
<td>1,800,000 words per year.</td>
<td>282,000 words per year.</td>
<td>8,000 words per year.</td>
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If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 schooldays, and Student C will have read for 3.

Want to be a better reader? Simply read.
**SMS Messaging**

A reminder to families to place the school’s messaging number in the contacts list on their mobile phone. The number is **0437 418 711**. This will ensure that any messages you receive from the school will be identified on your phone.

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**Honour Certificates**

The following students have received Honour Certificates:

- Hyerim Room 10
- Kim Room 17
- Gadeer Room 9
- Steven Room 3
- Myo Rel Room 5
- Ajdin Room 1
- Ywa Hae Tha Room 14
- Isabela Room 11
- Sama Room 12
- Thien An Room 16
- Jesvin Room 2
- Don Room 17
- Sa John Room 9
- Sa David Room 5
- Mis Room 3
- Kauther Room 14
- Kelvin Room 11
- Te Ra Room 6
- Demka Room 12

**WELL DONE TO YOU ALL!!**

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**Athletics Carnival**

**Friends and families**

**You’re Invited!**

We hope you can come and support your favourite faction at our Athletics Carnival Day.

**Friday, 28th August 2015**

9am – 2.15pm

All children will be competing.

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**What we loved about EXPO Day in Room 9**

**Bu Gay Moo** - ‘Expo Day began with a very exciting talk by Brant Garvey, an Australian paratriathlete. We hope he will go to the Paralympics in Rio de Janiero next year. My group was Spirited. Our very first interesting activity was in the hall. The Dance Teacher showed us what to do. We practised the dance. When we got better the teacher put the music on then we danced. It was really fun.

Next activity was Gymbus we took our shoes off then we went in the Gymbus, the teacher said not to touch red, we didn’t touch red at all. He said do not touch blue it was hard because there was blue on the ground and blue on the slide too that’s why it’s hard. I like the Gymbus because we play games. Then we went to make the healthy lunch box with Mr Fonseca. First Mr Fonseca gave us a box. We rolled the paint, I drew a face, two trees, a sun and grass. I put some stickers too. After that we went to make our own lunch. Wendy gave us a number. I got some bread, lettuce, cheese, carrots to make a sandwich. I got some fruits apple and orange. When we waited we played a game. Then we went to the Hall. Mrs Black told us the winner. Resilience was the best day ever.’

**John** - ‘My group was called Imagination. Our very first interesting activity was in the Gymbus. We had to take off our shoes and socks. The Gymbus was very fun. I love Gymbus. Then we went to the art room to make lunch boxes with some pictures. Next in the Imagination group we went to the canteen. We had to make a healthy lunch. It was easy to do. We took it home. I ate mine last night. It was delicious. Finally we went to the Hall. We learned a really happy dance. I found some of the actions very hard to do. Then when we finished the activities we went to the Hall for th which one will win. If the got the most stickers they can have first prize. But Believe group won the first prize.’

**Milo** - ‘My group was called Confident. Our very first interesting activity was in the canteen. We had to make a healthy lunch. It was easy to do. Then we went to the Hall. We learned a really happy dance. I found some of the actions very hard to do. Next we went to Miss Coppin’s Activity class. I had to write different letters. After recess we went to Resilience. I had to colour the word Resilience, then I wrote a sentence and drew. Next activity was Cyber Bullying. Miss Vince let us play a game on the computer. Next was Square Breathing. The square breathing is breathing around the square. I felt really relaxing. I felt very happy after Expo Day.’
**Community News...**

**Sponge Bob Square Pants:**
Head in to **Bunnings Morley** for a great day filled with activities and fun! There will be free face painting, a DIY workshop, Balloon giveaways and of course the fabulous and funny Sponge Bob Square Pants to put a smile on everybody's face! Saturday the 15th of August 10am – 1pm.

**Father’s Day Family Night:**
Head in to **Bunnings Morley** for a fun and entertaining evening that the whole family can enjoy. There will be DIY sessions for children and adults, scavenger hunts, games and a Sausage Sizzle. Special guests include the Formula Vee race club, the Swan Valley Cuddly Animal Farm and The Salvation Army Brass Band. Wednesday the 2nd September 6pm-8pm.

**Relationships Australia**

Mums Raising Boys – Tuesday 1st September – 10-12.30 at 22 Southport Street, West Leederville. $25.00. However well-prepared mothers are logically, the emotional response to having a boy is often still, ‘Wow! This is unknown territory.’ It is true that for many mothers, the idea of raising a son carries its own set of worries. As the primary female role model in a boy’s life, mothers play an important role in the development of their son’s identity including their ability to be nurturing. This in turn affects how they relate to others, particularly to girls and women.

For further information please phone 9489 6322

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**Kids and the Internet**

An interactive session for children in Year 3 and their parents or guardians.

Bring along your iPad, tablet, smartphone or other electronic device and get some tips about how to keep you and your kids safe on the internet.

Healthy after school snacks will be provided.

**WHERE:** Child and Parent Centre - Westminster
24 Marloo Road, Westminster
Opposite Matt Williams Reserve

**WHEN:** Tuesday 18 August. Arrive 3.15pm for a 3.30pm start. The session finishes at 4.30pm.

**Places are limited. Registrations are essential.**

To register please call 9440 1097 or drop into the centre between 8.30am and 4.00pm.

Supported by:

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**Pop-up community clothes swap**

Join us for lunch and clothes swapping!

Do you have clothes that your family no longer fit or you no longer wear?

Why not join us for an afternoon of fun with lunch and clothes swapping?

Bring along any women’s, men’s and children's clothing to swap with other families.

Clothes need to be washed and in good, wearable condition.

Acceptable items include clothes, shoes, hats, scarves, gloves and socks. No underwear or swimwear please.

**VENUE:** Child and Parent Centre – Westminster, Community room, 24 Marloo Road, Westminster

**DATE:** Wednesday 19 August

**TIME:** 12.30pm to 2.30pm

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**Disclaimer** - Please note that the programs and activities mentioned in the community notices section are not sanctioned school programs but are provided for your information only.